



MIRES BECK NURSERY..

.....a place to grow

THE CHARITY

Mires Beck Nursery has operated as a registered horticultural charity since 1994.

At our 14 acre North Cave site, we provide vital work experience and teaching of horticulture skills to adults and young people living with learning difficulties and Autism and also physical disabilities. Here they gain skills developed in our established plant and tree nursery, new conservation area, and also for those interested in our catering team. As a charity we are also committed to those needing recovery from mental health issues through delivery of our green therapy operation.

Through our work, our aim is to improve the mental and physical health and general overall wellbeing of our service users. In turn this improvement aids the quality of life for the families and carers who look after people at home. Our therapy and work experience increases their self esteem and sense of contribution to the overall nursery operation, where we regularly acknowledge their achievements. Over the last 25 years we have grown to supporting and teaching 100 adults weekly through our adult day care service and we are still growing.

Green Therapy is an increasingly recommended route for many people in our society and we are proud to be able to offer an exemplary standard in this area. Our reach to the community is broad and many people benefit from time spent visiting the nursery. Our service users are able to meet visitors and customers who are also extremely happy to chat to our teams which also helps develop social skills. As we continue to share the benefits of Mires Beck Nursery and find places for as many people as possible, we also work to be recognised for support within our local community as a key local charity.

We attract many volunteers who enjoy being part of the Mires Beck community, helping teams deliver the aims of the charity and equally the levels of care needed. We see the support of the volunteers within the teams in the main nursery and within those teams working on the conservation land. The achievements and standards of help given by our dedicated volunteer force gained recognition with the Queens Volunteer Award in 2012.

We have an overall team of 75 staff and volunteers committed to the success of the charity. All work tirelessly to provide the nurturing and care our service users deserve to enable them to reach their full potential. The combined efforts of everyone working to our aims, results in a healthy community and our service user output produces extremely high quality plants and trees which are grown to sell to the public and to the horticultural trade. This social enterprise helps to create as normal a work place as is possible for their adult life but carried out in a safeguarded environment.

FINDING A PLACE



Mires Beck Nursery places are found for as many people as possible who live in the Yorkshire and Humber region.

Here the service users are exposed to our work within our respected horticultural and conservation environment. Our beautiful rural facility also provides places within our gardening and estates teams which maintain the gardens and woodlands onsite.

We have over 100 service users spending time with us each week working across all areas of the nursery, each coming for between 1 to 5 days. The age range of service users usually starts from 18 years old and spans to senior years. The nursery also accommodates transition days where some SEN students from 14 years old will spend days with a one to one support.

Once a place has been requested, a visit to the nursery will take place and a Taster Day will be agreed to gain insight as to what happens in each area and whether the work is suitable for the new service user. We endeavour not to decline anyone so long as we have a place within a team that would be safe for them and others. We will consider every application and endeavour to accommodate those adults looking for a day service which offers both an educational and social benefit in our community.

OUR STAFF

The charity employs 44 full and part time members of staff, including business apprentices and is an important employer in rural East Yorkshire.

Our people are caring, enthusiastic individuals dedicated to the welfare of our service users and the quality of work produced. They are highly regarded by the families of the community of service users and they are trained to deliver the best outcomes for the charity's aims.



The team delivers the Mires Beck CARE approach adopted at the nursery which embraces all of our community individuality. Training is ongoing throughout the year and every August we close for one week to repeat compliance training needed as an adult day service provider. We are working towards accredited Horticultural and Arboriculture awards and ongoing training is given in both of these areas, as well as teaching crafts, and food hygiene in our catering unit. These classes are open to any service user based on their individual care plan.

OUR TEAMS

The **WILDFLOWER TEAM** works hard to produce many thousands of Yorkshire provenance wildflowers every year. They also grow tens of thousands of Phragmites (common reeds) for sale to wetlands all over the UK.

The **TREE TEAM** grows thousands of trees every year, all from a certified supply of British seed and grown in root trainers. Which are sold to forestry projects across Yorkshire.



The **PERENNIAL TEAM** is responsible for the production and care of over 300 varieties of Herbaceous Perennials. The fantastic quality of plants produced by the team under the supervision of our experienced experts, provides the charity with income from both wholesale and retail sales

The work of the **GROUND CARE TEAM** is very varied. They maintain the 14 acre rural horticultural site and carry out all the countryside management of our commercial nursery, and conservation area meadows and woodland. They are also our new projects team.



The **ANNIVERSARY GARDEN** is a place of creativity, horticulture and art therapy for service users needing more support due to more profound challenges. They are a team of 7 service users and 3 members of staff whose aim is to keep everyone engaged and happy while developing new skills along the way.

Our **PLANT PREP TEAM** comprises 4 to 5 service users, and from March to September they are busy preparing orders for despatch to Garden Centres and farm shops across Yorkshire and Lincolnshire. In winter they help across different winter projects for the charity.



The **GARDEN TEAM** takes care of all our wonderful flower beds and garden borders. The flower beds inspire our customers and demonstrate different gardening styles which Alice, our Head Gardener, is developing around the nursery. We have new gardens being planned each year.



In the **HERB TEAM** we teach our service users about growing good quality herbs, from seed sowing and potting on, to displaying and selling to our customers. We are currently supplying herbs weekly to over 10 garden centres within the county. We are expanding herb production to enable us to begin drying herbs to sell onsite and to trade.



The **KITCHEN TEAM** comprising team leader Janet and three service users are involved in all aspects of the kitchen operation, from creating menus and vital food preparation, to setting tables and managing the compliance of kitchen operation hygiene.



FREE WEEKDAY TASTER DAY FOR 16-19 YEAR OLDS

8.30—9.00	Breakfast
9.00—10.30	Growing herbs
10.30—11.00	Break
11.00.- 12.00	Yorkshire wildflowers
12.00—12.30	Lunch
12.30—1.00	Fun Activity
1.00—2.30	Potting Perennials
2.30—3.00	Break
3.00—4.00	Tree planting
4.00—5.00	

Chat about your day and enjoy drinks and Mires Beck cake made by our catering team.

Parents and carers welcome at this session.

4 Taster Day places available per day

FREE SATURDAY MORNING SESSION FOR 16-17 YEAR OLDS

Meet our staff for an informal but informative chat about their respective teams, while parents and carers enjoy a coffee or tea.

Week 1	Wildflowers Grounds Care Kitchen
Week 2	Trees Perennials Herbs

This is a two week session , so you can attend one or both Saturday mornings.



To find out more about our free taster days, call us on 01430 421543, or e-mail lorraine@miresbeck.co.uk

Mires Beck Nursery, Low Mill Lane, North Cave HU15 2NR

www.miresbeck.co.uk



Mires Beck Nursery



@miresbeck@



@miresbeck

